

## Abstract

A method and apparatus are provided for facilitating compliance with a medication regimen by a user. The method includes the steps of providing the user with a medication dispensing unit for dispensing medication to the user and a wireless transceiver operatively coupled to a controller of the medication dispensing unit, downloading a set of instructions for controlling the medication unit from a server to the controller of the medication dispensing unit through the wireless transceiver and downloading a set of instructions that instruct the user on how to use the dispensed medication through the wireless transceiver to the user.